



WELCOME!

To St. Thomas and St. John, USVI

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WELCOME



St. Thomas & St. John Await

This guide will provide you with the necessary tools to make your journey through St. Thomas and St. John unforgettable! Our helpful tips, site links, and Google Maps assistance will ensure that you have a safe yet enjoyable stay in this beautiful Caribbean paradise. Let's begin. Adventure awaits!

 info@jbcvi.com

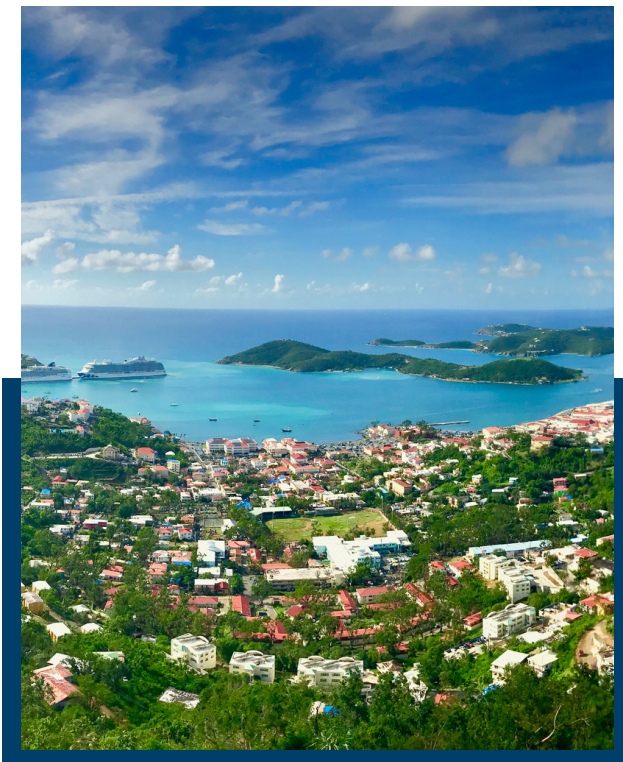
 340-715-2222

#TEAMBENTONVI

ABOUT

St. Thomas

St. Thomas, one of the three United States Virgin Islands and part of the Lesser Antilles, Located around 1,100 east of Miami and nestled between sparkling Atlantic waters and stunning Caribbean views lies St. Thomas, an exquisitely beautiful island destination characterized by serene powdery beaches that entice travelers to explore its many wonders year round.



Charlotte Amalie, the capital of the U.S. Virgins, is one of the most breathtaking harbors in the world and the most visited port in the Caribbean.

The second largest of the United States Virgin Islands, St. Thomas is a magnificent Caribbean retreat, surrounded by the turquoise waters of both the Atlantic and Caribbean Seas. Its 32 square miles are blanketed with lush palm forestry that gives way to its highest peaks at 1,550 ft., revealing picturesque panoramas from each corner of this tropical paradise.

ABOUT

St. John

St. John, the smallest of America's Virgin Islands, located just east of St. Thomas and north of St. Croix, is a paradise, beckoning travelers with its lush emerald mountains and soft white sand beaches. The island also delights scuba divers and boaters alike with stunning coral beneath aquamarine waters; it truly stands as an oasis amid the rolling Caribbean Sea.



Thanks to Laurence Rockefeller, two-thirds of St. John Island is the incredible Virgin Islands National Park, which includes 5,600 acres of off-shore marine areas.

With numerous near-deserted beaches, snorkeling and hiking trails, historical ruins and coral reefs full of sea life populate the island; St. John is one of the most tranquil environments you will find anywhere.

GETTING AROUND

There are several ways to get around the islands of St. Thomas and St. John.



BY CAR

Renting a car is a great way to explore the island. The airport has several options that can be booked online in advance.

** GPS apps like [Waze](#) and [Google Maps](#) work well throughout the territory.



BY TAXI

Taxis are a primary source of transportation on St. Thomas and St. John. [CLICK HERE](#) to view standard rates for St. Thomas and St. John



PASSENGER FERRY

Getting back and forth to St. John is incredibly easy on the passenger ferry. [CLICK HERE](#) for ferry rates and schedules



CAR FERRY

Want to spend the day exploring St. John in your St. Thomas rental car? Take the car ferry! [CLICK HERE](#) for rates and schedules.

STT EMERGENCY

Contacts



911 OR 340-776-9110

In case of emergency call 911



Hospital

T: 340-776-8311

9048 Alton Adams Sr Dr, St Thomas
00802



Fire Department

T: +340-775-0205

84R7+47F St. Thomas, Rte 38, Anna's
Retreat, St Thomas 00802



Pharmacy

There are several to choose from
please [CLICK HERE](#) for a complete
list



JBC Offices (St. Thomas)

T: 340-715-2222

6800 Estate Nazareth
St. Thomas, VI 00802

STJ EMERGENCY

Contacts



911 OR 340-776-9110

In case of emergency call 911



Hospital

T: 340-693-8900

86RG+C62, Susannaberg, St John
00830



Fire Department

T: 340-776-9110

86J4+2QJ, Cruz Bay, St John 00830



Pharmacy

There are several to choose from
please [CLICK HERE](#) for a complete
list



JBC Offices (St. Thomas)

T: 340-715-2222

6800 Estate Nazareth
St. Thomas, VI 00802

Quick Tips



Keep Left. We drive on the left in the USVI.



Everything moves slower here. Island time is real.



Good morning, good afternoon, and good night go a long way.



Stay hydrated. The drinks and the sun are strong.



Bring Cash. ATMs from local banks charge large fees.

Quick Tips Cont.



Use reef responsible sun screen.



Some areas of St. Thomas and St. John pick up international cell towers resulting in phone fees.



Use Tripadvisor for helpful tips and reviews.



Make reservations whenever possible.



Bring towels on outings. You will need them!


ST. THOMAS

Dining



Sea Salt

St. Thomas' newest culinary gem and rooftop restaurant, Sea Salt, unveils a vision unlike any other. Transforming and embracing the natural landscape, outfitted with sophisticated modern touches.

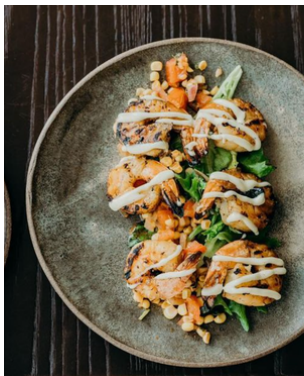
 **4MX+XHV, Smith Bay Rd,** | (340) 714-7874
Smith Bay, St Thomas
00802



Prime At Paradise Point:


PRIME at Paradise Point is a contemporary steakhouse concept. Our culinary approach is driven by providing delicious traditional meals using the freshest, highest-quality ingredients available locally.

 **9617 Paradise Point** | 340-690-2191
2656, St Thomas 00802



Easterly

Tucked away in an oasis of palm trees, the bar and restaurant take on a Bohemian-island vibe. The menu is ocean focused, with ceviches, crudos, octopus, shellfish & lobster, and whole grilled fish as well.

 **6100 Red Hook Quarter,** | 340-714-1000
Suite GS, 1 Red Hook Rd,
St Thomas 00802

ST. THOMAS

Dining



Oceana Restaurant and Bistro

At Oceana Restaurant & Bistro, our raison d'être is to combine culinary excellence with superb service and an exquisite setting, creating experiences and memories that transcend mere dining by the sea.



St. Thomas, 8 Honduras,
St Thomas 00802

340-774-4262



Sea La Vie

Immerse yourself in the French experience at this charming restaurant nestled away in the heart of Frenchtown. Enjoy fine dining with attentive service and tantalizing dishes coupled with exquisite cocktails or wine options for a delightful evening out.



Honduras, Rue de St
Barthelemy Frenchtown
St. Thomas

340-690-2191



French Quarter Bistro

We invite you to come to taste our cuisine at French Quarter Bistro. We are not re-inventing Creole and Cajun cuisine, only sharpening it!



Rue De Bethamny St.
Thomas, 00802, U.S.
Virgin Islands

340-774-6539

ST. JOHN

Dining



The Terrace

The Terrace is a French-influenced, chef-driven restaurant redefining fine dining in the Virgin Islands with an elevated yet accessible menu. Offering refined, contemporary, and classic cuisine.



3 FA Cruz Bay Quarter
Cruz Bay, St John 00830

340-779-8550



La Tapa

Contemporary Mediterranean cuisine with its own personal interpretation. Elegant eclectic with a warm rustic ambiance. Beachside location.



Cruz Bay, St John 00830,
U.S. Virgin Islands

340-693-7755



Extra Virgin Bistro

At Extra Virgin Bistro, we are dedicated to locally grown and sourced products, so much so that we grow most of our own herbs on-site. We buy most of our fish from local fishermen daily.



86J4+8J Cruz Bay, St
John, USVI

340-715-1864

ST. JOHN

Dining



1864 The Restaurant


Serving St. John's Finest Selection of Fresh Seafood, Hand Rolled Sushi, and Stellar Beverages in the Beautiful Surroundings of Mongoose Junction.

 **86M5+25 Cruz Bay, St John, USVI** | **340-774-1864**



Lime Inn:

Enjoy a taste of the Caribbean. Lime Inn now offers a unique experience of a tasting menu. There are four and six course options, with option for wine pairing

 **St. John, Kongens Gade, Cruz Bay, St John 00831** | **340-776-6425**



Zozo's At Caneel Bay

ZoZo's offers a gourmet, four-course meal in a relaxed waterfront setting at the world-famous Caneel Bay. Dinner is served al fresco on the terrace. Closed Saturdays.

 **Salomon Bay Rd, Caneel Bay, St John 00831** | **860-977-6323**

EXPERIENTIAL DINING

on Island



Lovango Waterfront Restaurant


Take a short trip across Pillsbury Sound to Lovango Cay for waterfront dining with a side of hiking, shopping, and more. Join us 7 days a week for lunch, dinner, and weekly parties.

 **1 Lovango Cay, St John** | **340-250-400**
00830



Caribbean Fish Market


Sunday brunch is a party! Come for the seafood, and stay for the hospitality. Caribbean Fish Market perfectly captures the essence of Caribbean cuisine.

 **6800 Nazareth Rd,** | **340-714-7874**
Nazareth, St Thomas
00802



Lime Out (Boat Access Only)

Enjoy tasty tacos + hand craft cocktails, local juice, or fresh hibiscus tea, all in the comfort of the ocean.

 **West Fortsberg Coral** | **340-643-5333**
Bay, St John 00831

CASUAL LUNCH

Options

The Shack at Hull Bay:

Fresh caught beachside vibes. Sustainable local ingredients are grown onsite. Tue.-Sun.

KITCHEN/BAR 11:30AM-8:00 pm



Hull Bay, 9 1 Estate, Northside, St Thomas 00802

340-244-5957

Sapphire Beach Bar / Paradise Pier:

Enjoy a cold beer or cocktail while looking over blue waters. Come for casual dining in an unforgettable setting.



16-1-10, Smith Bay Rd, St Thomas 00802

340-714-7874

Lanai at Limetree Beach Resort

Lanai offers innovative and refined seafood-forward island fare, and a lively bar program featuring Caribbean-inspired cocktails.



7511 Frenchman's Heights, Frenchman's Bay, St

Thomas 00802 | 340-693-6007

Agave Tequila Bar & Mexican Kitchen

Modern and vibrant, Agave is a chic Tequila Bar & Mexican Kitchen, offering original takes on traditional tastes.



84GW+3WG, Emile Milo Francis Memorial Dr, Smith Bay,

St Thomas 00802

340-714-7874

LOCAL FLAVOR




Brook Bar & Restaurant

Great local food with a neighborhood feel. With a changing daily menu, the food is always fresh and perfect to dine on their patio, al fresco, or takeaway.

 **6200 Magen's Bay Rd, St Thomas 00802**
340-777-6871

Roti King

Don't let the red school bus fool you. The Roti King has a great selection of roti including vegetarian options. The portions are generous and the flavors are delicious.

 **North Shore Road Cruz Bay, St. John, 00830**
340-201-1967

NIGHTLIFE & LIVE MUSIC



XO Bistro


Large bar with excellent dining options, weekly cocktail events and twice daily happy hours.

 **6501 RED HOOK PLAZA
#1, St Thomas 00802**



Box Bar

Located in Yacht Haven Grande, Box Bar is the heart of St. Thomas Nightlife with newly extended hours the party can keep going.

 **5304 yacht Haven
Grande, St Thomas
00802**



Roots Garden Lounge

Unwind at our newly remodeled bar with vibrant and unique features or on the outdoor patio that features live music throughout the week.

 **Saint Thomas, 4126,
Anna's Retreat, 00802**



Drink

Laid back vibe. delicious cocktails. ocean view. and a bar you don't want to leave.

 **1 Bay St, Cruz Bay, St
John 00831**



Beach Bar

The Beach Bar is the music venue where locals mix with visitors to tell stories and share laughs, where cocktails on the beach are always plentiful

 **4A Wharfside Village,
St John 00831**



Windmill Bar

Happy Hour from 3-6 p.m. at the best sunset spot in the Virgin Islands with a full bar, a nice selection of beer, spirits, and a few options for wine.

 **17 A, Cruz Bay, 00830**

HEALTH & WELLNESS

St. Thomas

Saje Sanctuary

Enjoy a variety of energetic, esoteric, and spiritually empowering modalities offered to help guide and usher you into your highest purpose in this incarnation.



5332 Yacht Haven Grande Building H,
Saint Thomas, 00802

340-775-7253

Ambient Yoga and Free Diving

Come and find balance within at Ambient Yoga And Freediving! Daily yoga classes, weekly freediving, and a community to support you!!



5304 Yacht Haven Grande Suite N100,
St Thomas 00802

340-474-1966

The Ritz-Carlton Spa, St. Thomas

With one of the most diverse selections of therapies and spa treatments in the Virgin Islands, The Ritz-Carlton Spa, St. Thomas, seaside enclave offers ocean-inspired relaxation and island indulgences.



6900 Great Bay, Nazareth, St Thomas 00802

340-775-3333

A Touch of Wellness Massage Spa & Health Center

You're in Great Hands with Dr. Jill Scott, no matter the physical condition or situation – from simple relaxation to more complex chronic issues. .



6300 Estate Frydenhoj, Suite # 18 COMPASS
POINT MARINA, St Thomas 00802

340-775-5029

HEALTH & WELLNESS

St. John

Mango Bliss Spa

Mango Bliss Spa offers customized facials, massages, body treatments, and aromatherapy treatments. It opened its doors in Alpharetta, Georgia, in December 2010 and in St. John, US Virgin Islands, in December 2015.



18-2, Cruz Bay, 00831, U.S. Virgin Islands

770-569-9969

Paradise Massage

We want to help you experience deep relaxation, wellness, and full-body balancing. Our massage techniques include gentle Swedish, deep tissue, trigger point therapy, reflexology, stretching and mobilization, and prenatal massage.



Mobile Service. They come to you!

340-228-5520

Point Wellness AntiGravity Spa • Yoga • Aerial Fitness & Natural Health

Point Wellness is a vibrant, upscale wellness and rejuvenation center offering unique services, from aerial yoga, strength training, chiropractic care, dehydration treatments, massage, hydro massage, and more.



E & C Service Station, Rte 104, St John, 00830

340-244-2822

Solshine SUP Yoga & Fitness

SolShine Stand-Up Paddle Yoga classes are traditional Yoga classes taught on the water on floating boards. Your mat is a stand-up paddleboard; the ocean is your studio, and all the elements have been invited – sun, wind, water.



**Located in The Westin St John Villas, Great Cruz
Bay Road, St John, Cruz Bay, 00830**

850-371-0837

BOATING, FISHING & DIVING



Sonic Charters

Our boat rentals are designed to provide the most incredible experience when exploring the gorgeous island of St. Thomas and its surrounding areas.



Compass Point Marina Slip #27, 6300 **340-244-5096**
Estate, Frydenhoj, St Thomas 00802



Caribbean Alibi

Experience the action and adventure that awaits in the beautiful serenity of turquoise waters and all the fun Caribbean culture has to offer.



Compass Point Marina Slip #69, 6300 **340-626-7122**
Estate, Frydenhoj, St Thomas 00802



Fun Hog Charters

We offer memorable day trips to the U.S. Virgin Islands (St. Thomas, St. John, and Water Island), the BVI, and every cay and smaller island in between..



Compass Point Marina, 6300 Estate **401-338-4762**
Frydenhoj, Saint Thomas 00802



See & Ski

See & Ski's power boats are known for their comfort and fuel efficiency. Our experienced team provides you with an individualized itinerary for any occasion.



6501 Red Hook Plaza, Smith Bay, St **340-775-6265**
Thomas 00802

BOATING, FISHING & DIVING



Blue Dream Charters - Day Sails


Get ready for a full day of fun sailing around the US Virgin Islands on a fully stocked 55' sailing charter.

 **6720 Smith Bay Rd Sapphire Marina S- 17, St. Thomas, 00802** **804-539-5140**



Double Header Sportfishing

Over 25 years of experience! Bring your camera; you will catch fish! Half-day 3/4 day & full-day charters available, specializing in Live Bait Fishing.

 **Dock: 6186 Estate Frydenhoj, Route 32, Slip A1 St Thomas 00802** **340-777-7317**



Beach Club - Loving Cay Resort

Full-Service Private Island Resort Experience. Cocktails & lunch at your seat, or enjoy our Waterfront Restaurant. infinity pool, towels, music, beach games, and snorkeling equipment are all included.

 **1 Lovango Cay, St John 00830, U.S. Virgin Islands** **855-938-5348**



Red Hook Dive Center

Scuba Divers, Freedivers, and Snorkelers find what they need at this PADI Five-Star Dive Center. Dive trips depart daily from our dock at American Yacht Harbor.

 **6100 Red Hook Quarters E1-1, St Thomas 00802, U.S. Virgin Islands** **340-777-3483**

WATER SPORTS



Parasail Virgin Islands

"At Parasail Virgin Island, we utilize the Ocean Pro 35' Parasail Vessel, commercially built specifically for parasailing to provide the safest most comfortable ride possible. both Captain and crew are specifically trained in all aspects of parasailing, boat handling and flight procedures."

 **Sapphire Beach Marina**
Slip #N20 6720 Estate
Smith Bay, St Thomas
00802
340-227-8303

Coastal Water Sports

"Our jet skis are some of the newest models available, The 2018 Yamaha VX110 , and the newest 2020 Yamaha VX 1050C-V making us the easiest jet ski company to deal with on the island of St. Thomas. Our sole purpose is to provide you with a safe and thrilling experience."

 **Sapphire Marina, Smith**
Bay Rd, Smith Bay, St
Thomas 00802, U.S.
Virgin Islands
340-643-8257

STT BEACHES

Megans Bay

Relax in the warm, clear water, perfect for swimming, kayaking, or paddle boarding. Hike a nature trail and experience the beauty of nature.

 **St Thomas 00802, U.S. Virgin Islands**



Hull Bay

Hull Bay on St. Thomas is all about snorkeling the neighboring reef, swinging in a beach hammock, and unwinding at a cool little beach bar.

 **St Thomas 00802, U.S. Virgin Islands**



Secret Harbor


Featuring a pretty white sand beach and crystalline waters, it's a popular spot for sunbathing, snorkeling, and other water sports, such as scuba diving, paddleboarding, and kayaking.

 **St Thomas 00802, U.S. Virgin Islands**



Sapphire Beach

Featuring stellar views and a long stretch of pretty white sand, it's an ideal beach for relaxing and sunbathing, snorkeling, and a variety of water sports.

 **Smith Bay, St Thomas 00801, U.S. Virgin Islands**



STJ BEACHES

Trunk Bay

One of the most photographed and famous beaches on St. John Island. A marked-out underwater trail serves as a popular snorkeling spot and sea life.

 **St John 00830, U.S. Virgin Islands**



Maho Bay


Maho Bay, perched on St John's northern shore, is named after the Maho tree, which you can identify by its heart-shaped leaves and bright yellow flowers.

 **St John 00830, U.S. Virgin Islands**



Honeymoon Beach


Honeymoon Beach is both convenient and out-of-the-way, a good choice for those who want to avoid crowds with a few on-site amenities.

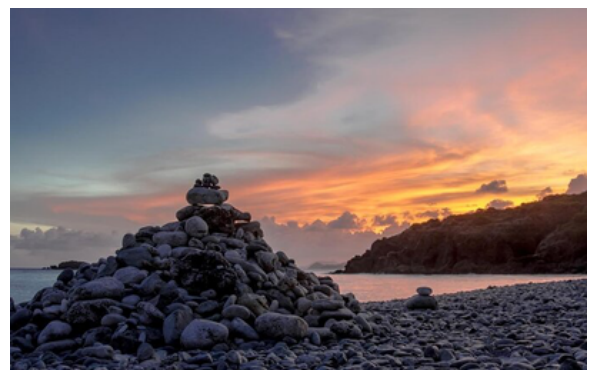
 **North Shore Rd., just before the Caneel Bay Resort, Cruz Bay, St. John, 00831**



Salt Pond

The beach offers an escape from the crowds of Cruz Bay, with calm waters for swimming, tide pools filled with marine creatures, and a coral reef in the middle of the bay for snorkeling.

 **St. John 00830, U.S. Virgin Islands**



info@jbcvi.com

340-715-2222

@jbentonconstruction

 **BENTON**
• CONSTRUCTION, LLC



ENJOY
Your Visit!